

# HORSEFEATHERS



March 2022

**Appleatchee Riders Association**  
**PO Box 22, Wenatchee, WA 98807**  
**Located at 1130 Circle Street**  
**Wenatchee, WA 98801**  
**509-663-3175 phone ~or~ 509-664-3834 fax**  
**[appleatchee@nwi.net](mailto:appleatchee@nwi.net)**  
**[www.appleatcheeriders.com](http://www.appleatcheeriders.com)**

## FROM THE OFFICE



*Our ground crew draining seasonal Lake Appleatchee*

This is the first newsletter for a while, and we are hoping to get back to the normal first-of-the-month Horsefeathers. It will take some work to get members and divisions back in the habit of sending information and pictures to the office or to [kmarch@nwi.net](mailto:kmarch@nwi.net).

We are getting ready to start a very busy show season, and barn renters need to take a look at their stalls and make sure that they do not have a lot of stuff hanging on stall fronts and

tack doors. When the isles get busy those things are hazards and also they sometimes disappear. Make sure your stalls are in good repair and stall mats are level. We will have some lockouts this season, as a couple of the shows will be big this year.

In February's Board Meeting two new Individual Memberships were approved. **Lisa Jordan** and **Sarah Eichler**. The Board approved two separate requests from members to sponsor someone to their family. There were no other Board Actions in February. The monthly Board meeting is the 3rd Wednesday of each month in the Clubhouse at 7pm. All members are welcome to attend.

--Susan Ward

## **MEDIA**

**Website-** I have sent out a few inquiries to website creators asking about our website and our options. (Recap- Word Press's newest update is based on HTML code and is not something I can do as it requires a lot more knowledge than I have. We may need to consider changing host platforms or hiring a website manager. Currently, I can continue taking care of it, but I am nervous about a forced update and the constant issues I am having with the current version.)

**Facebook-** Updates are making things a little challenging on the admin side and I am learning the workarounds. There have been a few posts shared missing the original content, photos not uploading, posts being duplicated, just weird occurrences. Cuddles has her own Facebook album now though, and my hope is that people are aware of her, especially during shows!

### Current statistics (Jan 17th to Feb 13th)

- Riders group- 190 members, 12 new since the last meeting
- ARA Page- 22 new page likes, 1,178 total page likes

--Thank you,

*Breanna Howell*

(509) 557-9179

## QUEEN CHLOE

This past month has mostly been spent preparing for the upcoming rodeo and parade season. I have been working with Thera Judd as much as I'm able to assist her in making my shirts and a formal dress. She has completed 3 of 5 shirts, which have all exceeded my expectations and are beautiful, and she also made a skirt for me. Thera also took an idea I sketched and turned it into a stunning dress, which I wore this past weekend, and had endless compliments.



In the last couple of weeks I have attended two coronations. The first was held in Ellensburg at the Kittitas County Fairgrounds, for the Ellensburg Rodeo Royal Court Pageant. We had a wonderful dinner and enjoyed watching Miss Sydnie Price be Crowned Queen, and Miss Raylene Olea selected as Princess. This was followed by the Miss Teen Rodeo Washington coronation, honoring Miss Ava LaValley.

I will be continuing to reach out for sponsors, attending the Miss Rodeo Washington coronation, and preparing for the very busy season to begin.

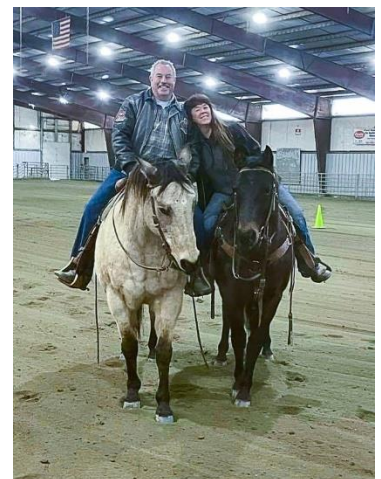
## ROPING DIVISION

Three weeks ago we took the breakaway calves home because it is so muddy in the bottom steer pen. We are hauling them down for the February and March Breakaway ropings. I think we will use them for WAHSET breakaway as well.

Our February 5<sup>th</sup> roping was small with only 70 teams for the day.

February Saturday roping is a 2-day series, Feb 5<sup>th</sup>, and Feb 19<sup>th</sup>. We are giving GPA Appleatchee sweatshirts to high money winners for the series

The roping school filled up fast. I was worried in December with no entries and then had more than 53 entries, 16- headers, 8- heelers and 31- breakaway. The weather or other circumstance always



makes it so a few cannot make it. We had **Chris Hayes** and **Taylor White** as our instructors with several other helpers.

The last 2 loads of hay made it in. It took a lot of work to remove snow, tarps and re-tarp. Thank you Appleatchee crew for helping us accomplish that.

The new cattle should be here about the middle of March-*Thank you*

*Ken and Terri Tincher*

## **REINING CLINIC**

The **Travis Wigen clinic** was a great success and I got very positive feedback from all of the riders that they felt they had really gained useful knowledge and enjoyed the clinic. I also got a lot of feedback that people really appreciated Travis's calm, patient and good-humored teaching style. Despite it being a very diverse group of riders, Travis was able to teach each person at the level they required and you could see a visible positive change in each horse during the clinic which actually was pretty dramatic in some cases. Others also commented to me that they had been in clinics before but never one in which you could see so much improvement in the horses so quickly. It was a really fun weekend and we are really hoping to be able to bring Travis up regularly for clinics. Even if you aren't a Reiner these are fundamentals that can improve every horse and rider. In the future I would like to trial a 3-day option which would include a 2-day clinic and one day of private or semiprivate lessons. This would allow people who don't feel ready to participate in a reining clinic to still benefit from his instruction.

*--Rachel Vora*

## **PERFORMANCE**

The dressage show is coming in June. We are moving it to a 2-day format with Day 2 as a Washington State Horseman sanctioned show, judged by **Kimmy Weise**. Day 2 will be sanctioned with by the Western Dressage of America Association and judged by **Lillian Evinew-Phalen**. The show will need volunteers, and we will be working on sponsors soon.

**Leigh Cochran** came to coach people at last month's dressage playday. Ride times were set in 30 minute blocks, and all but 2 were filled.

There was a dressage clinic with **Anni Grandia**, and there will be a report on that in the next newsletter.

## MARY SAWYER FIRST TO CLAIM CENTURY AWARD



Mary Sawyer and Unique have been the first to claim the new Century Award offered by the United States Eventing Association (USEA). The added ages of the horse and rider must be at least 100 years in order to compete, and that of course includes riding a test. Sometimes we can brag about our ages. For the complete article use this link:

<https://useventing.com/news-media/news/usea-introduces-new-century-ride-award-mary-sawyer-and-unique-conversion-recognized-as-first-ever-recipients>

## GAMES AND BARRELS

All shows got approved for this year. Be sure to check the calendars for the dates.

## TEAM SORTING

We are still building practice numbers and competitors, seeming to get a lot out-of-town interest in our practices. We even had a handful of people willing to brave the cold on a weeknight to sleep in their horse trailers. Team Sorting purchased a laptop and everything is up and running .

## GATSBY

[Cowgirl Spirit Rescue Ranch](#) is looking for volunteers to help us with our current rescue, Gatsby. He is currently at Appleatchee Riders Association so you will need to be a member to work with him there. However, he can come home to our ranch in Cashmere once the snow melts in the next few weeks. The founder, [Juliane Hanley](#), has been too busy with her job and projects at the ranch to spend much time with him. He needs all the basics from catching, standing tied, grooming, bathing, leading, etc. Everything to teach him how to be a real horse.



You must be experienced with horses - Gatsby doesn't have a mean bone in his body, but is still apprehensive of humans. We are also open to sending him to a trainer, but have been unable to find one that can take him.

If you are super experienced, we would also be open to you training him under saddle. However, he's only had 3-4 rides, so is VERY, VERY green.



## NIKKI



Nikki could use some love and work. **Charlene Beck** rescued Nikki from auction last month. Nikki was once owned by a local lady (who had originally rescued her from a bad situation). Nikki had been rehomed, abused, and sent to an auction and went through as a “loose horse”.

Nikki is an approximately 20-year-old Appaloosa mare. She was green broke and ridden on trails and bareback before she was rehomed. After the abuse she is very cautious of people. She's been decompressing for the last month and is beginning to trust more. Charlene is now able to catch, halter, lead and pet her, which was not the case 30 days ago. Nikki has shown no signs of aggression or dangerous behavior whatsoever. She just backs away and doesn't want to be in trouble.

If anyone would like to help Nikki out and spend some time and work with her, she could really use it. Nikki can be moved to Appleatchee if needed. Again, must be experienced with green, unconfident horses.

*-Charlene Beck*

## **EQUINE SPORTS THERAPY**

The Electro-Acuscope is a sophisticated electro-therapy instrument that introduces a low voltage current through injured tissue and accelerates the healing process. It is an amazing treatment. It literally regenerates living tissue, by repairing damage at a cellular level. When treating acute injuries, the healing time is cut in half. Each treatment takes about 60 minutes and the patient usually experiences significant relief after the first treatment.

Every living being is made up of a vast number of cells. In many ways the cells act like tiny batteries storing and releasing energy. Each cell has an electrical charge, and so there is a constant energy flow. When injury occurs, there is a disruption of energy flow through the tissue involved, often accompanied by pain.

Micro-current has the ability to recognize where the injury has occurred, and then stimulates the tissue in that area, and assists the body in healing itself by improving the circulation of blood and oxygen in the involved area, and normalizing the electrical circuitry in the nerves and muscles of the damaged tissue. If micro-current is used immediately after an injury, the production of scar tissue or even proud flesh is eliminated.

Here are some of the most common conditions I have treated successfully with this Therapy

- Relieving general muscle soreness.
- Providing fast recovery from tendon and ligament injuries.
- Drawing out hoof abscesses.
- Soothing mild bouts of colic.
- Reducing and preventing scar tissue.
- Supportive therapy to chiropractic work.
- Relieving arthritis.
- Reducing need for joint injections.
- Healing wounds.
- Navicular
- Laminitis
- Bowed tendons

For more information contact me at [3033mojo@gmail.com](mailto:3033mojo@gmail.com) or text me,

***Colleen at 509-670-6485***